

2018 Registration Form

Name _____

Title _____

Organization _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Lunch is included with registration

Check if you need a **vegetarian** lunch

Registration Fee (check one):

\$85 individual registration

\$70 each for 3 or more from same organization*

*must mail all participants' registration forms together for discount to apply

Organization: _____

\$60 for clergy, educators and students with valid ID

Method of Payment (sorry no refunds):

Enclosed is my CHECK made payable to:

HOSPICE of Davidson County

Charge my:

Visa® MasterCard® Discover® AmEx

Card number _____

CVV (Code on back of card) _____

Exp. date _____

Name on card _____

Signature _____

To charge by phone, call 336.475.5444.

Please detach form and return to:
Hospice of Davidson County
200 Hospice Way
Lexington, NC 27292



200 Hospice Way
Lexington, NC 27292



7th Annual Professional Conference on Grief & Loss

Tuesday, October 16, 2018
6:00 - 8:00 pm

Wednesday, October 17, 2018
9:00 am - 4:00 pm

Mary E. Rittling Conference Center at
Davidson County Community College
297 DCC Road
Thomasville, NC 27360



Find comfort here.

Conference Registration Deadline:
October 5, 2018

Loving From the Outside In, Mourning From the Inside Out: Helping Yourself Heal When Someone Dies

Presented By Dr. Alan Wolfelt
Tuesday, October 16, 2018



Join us for an evening that gently embraces the reality that the capacity to love requires the necessity to mourn. Dr. Alan Wolfelt is one of North America's leading grief counselors and the author of many best-selling books about healing in grief. This compassionate program will acknowledge that if we didn't love, we wouldn't need to mourn.

The content of this evening program is based on Dr. Wolfelt's book, *"Loving From the Outside In, Mourning From the Inside Out."*

Workshop Description

This is an opportunity to learn some essential information that Dr. Wolfelt has learned in his three decades of "companioning" thousands of people in grief. Don't miss this opportunity to learn from a best-selling author about how to integrate grief into your life, your living, and your loving. If you know anyone who would benefit from this opportunity to embrace hope and healing, please let them know about this program.

Agenda: Among the content areas to be explored in this program are the following:

- Introduction: Loving From the Outside In, Mourning From the Inside Out
- Exploring the "Ripple Effect" of Grief: Loss of Self, Security, Meaning
- Describing Potential Dimensions of Your Response
- Identifying Six Central Needs of Your Mourning
- Befriending Hope and Transformation: Love Goes On in the Face of Your Grief
- Reflecting On Your "Bill of Rights" as a Mourner

The Art of "Companioning" the Mourner: Caring Versus Curing

Presented By Dr. Alan Wolfelt
Wednesday, October 17, 2018

This informative workshop will help us enhance your knowledge and skills related to supporting people experiencing grief and loss. Anchored in Dr. Alan Wolfelt's "companioning" model of grief care, there will be a recognition of how grief and mourning are normal and necessary experiences that are fundamentally a journey of the heart and soul. A critical distinction between caring versus curing will be outlined. You will go away with a wealth of knowledge surrounding the transformative nature of grief.

Workshop Description

This workshop will be helpful to anyone who wants to learn more about essential care-giving principles for caring for grieving persons. It will be particularly helpful to counselors, social workers, clergy, chaplains, nurses and lay ministers. If you know someone who would find this helpful, encourage them to register.

Agenda: Among the content areas to be explored in this workshop are the following:

- Exploring a Broader Framework for Loss/Grief
- How our Culture Values "Cure" Over "Care"
- Understanding the Concepts of "Sanctuary" and "Hospitality" that require Convalescence
- Defining the Concept of "Shadow of the Ghosts"
- Exploring Inappropriate Socio-Cultural Assumptions About Grief
- Challenging the "Resolution Wish"
- Introduction to the Eleven Tenets of "Companioning" the Mourner
- Advocating for the Slow Grief Movement

About the Presenter: Dr. Alan Wolfelt is a noted author, educator, and grief counselor. Recipient of the Association for Death Education and Counseling's Death Educator Award, he serves as the Director of the Center for Loss and Life Transition (CenterForLoss.com) in Fort Collins, CO. He is also a faculty member of the University of Colorado Medical School's Department of Family Medicine.

Dr. Wolfelt is the best-selling author of more than fifty books including *Companioning the Bereaved: A Soulful Guide for Caregivers*; *The Depression of Grief*; *Loving From the Outside in, Mourning From the Inside Out*; *Understanding Your Grief*; *The Journey Through Grief*; *Healing a Spouse's Grieving Heart*; *Companioning the Grieving Child*; *Healing a Parent's Grieving Heart*; and *Creating Meaningful Funeral Ceremonies*.

Dr. Wolfelt and his wife, Susan, a family physician, are parents to three children. They live in the foothills of the beautiful Rocky Mountains next door to the Center for Loss and Life Transition.

Continuing Education (CE)

Up to six hours of Continuing Education (CE) are available through this one-day conference for professionals including nurses, social workers, clergy, healthcare providers, nursing home administrators, funeral service providers, bereavement counselors, and school-based personnel. This program has been approved by NBCC for NBCC Credit. Hospice of Davidson County is solely responsible for all aspects of the program. NBCC Approval Number: SP-3093. The Association for Death Education and Counseling and the North Carolina Board of Funeral Service have deemed this program as counting toward their continuing education requirements. NBCC: 6 hours; ADEC: 6 hours; NCBFS: 6 hours

Conference Pricing

\$85 registration fee for one-day conference
\$70 each for 3 or more from same organization
\$60 for clergy, educators and students with valid ID

Lunch is included with registration.

Call 336.475.5444 to register by October 5